

Quarterly YAM

JANUARY FEBRUARY MARCH WINTER ISSUE 2016



Team Taiwan at "Susan Koman Race for Cure" in Balboa Park on 11/1/2015



Farewell to 2015 on New Year's Eve

San Diego Taiwanese American Foundation

858-560-8884

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San Diego Taiwanese American Community Center

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Assistant Director	Jing-Ping Shih



Prof. Nancy Guy talked about "Ringing Garbage in Contemporary Taiwan" on 11/22/2015



Dr. Ken Huang talked about "The History of Formosan Association of Human Rights" at 12/19/2015 Book Club

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Executive Editor: Jing-Ping Shih
English Editor: Sharon Wu
Contributing Writers: George Lai and Patricia Wu



Five distinguished financial specialists presented "Retirement Planning" in Life-Experience Seminar on 11/21/2015



Dr. Yen-Hwa Hsu talked about "Superconducting Magnets and Application" on 10/31/2015

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Dr. Donald Tsai talked about "Strategies for Optimal Aging" at 10/17/2015 Health Seminar



Dr. Lin Wen-Chen (left) talked about "Taiwanese American Literature" at 11/7/2015



Dr. Tung Chen-Yuang talked about "Taiwan's 2016 Election and Cross-Strait Relations" on 11/15/2015



Formosa Quartet and pianist Jessie Chang (c) performed at TACC on 10/24/2015



Yen Yung-Neng (c) and his "Takao Run" dance group performed at UCSD Conrad Prebys Concert Hall 11/14/15

"Mr. Taiwan San Diego" Award *New!*

In 2015, the Taiwanese American Foundation of San Diego established the "Prosecutor Yuling Wang Memorial Endowment" in order to present the "Mr. Taiwan San Diego" Award to praise and encourage a special Taiwanese gentleman in the Greater San Diego area. The awardee will receive a prize of \$2,000 USD. The Award is presented during the annual Taiwanese American Heritage Week celebrations in San Diego. The selection criteria are as follows:

- 1) Has accomplished deeds or achievements worthy of being a role model for all fathers or husbands
- 2) Or has made substantial contributions towards Taiwan's democracy or society
- 3) Must be of Taiwanese descent
- 4) Must be a resident of Greater San Diego or the immediate family of one
- 5) Please enclose two letters of recommendations
- 6) Deadline is April 15th, 2016

TAFSD/TACC 19th Anniversary Celebration & Fundraising Dinner

Time: 02/27/2016, Saturday

Ticket: \$120 (tax deductible)

5:30PM Dinner;

6:45PM 228 Memorial Service

7:00PM Anniversary Ceremony

7:30PM Pastor George Lai Music Concert

TAFSD/TACC will hold a fundraising event and celebrate its 19th anniversary celebration on Saturday, February 27th, 2016. The evening event will also include a short program in commemoration of the 228 incident.

Featured program of the evening is the "Pastor George Lai Music Concert". Pastor Lai will give a concert of "nursery rhymes, read



ballads, nature ballads, creative written songs, Taiwanese literature, etc.” Together with Taiwanese folks, pastor Lai will cherish the memory of “the old Taiwan tunes.” Because of the current popularity of Western musical instruments, classical Goèh-khîm has slowly been forgotten. Goèh-khîm is the Taiwanese folk musical instrument of the agricultural era. Songs sung in that era bear valuable history and stories of Taiwanese ancestors’ efforts and struggles, sweats and tears. All these are worth documenting as “intellectual property.” Therefore, let’s together cherish the memory of the “old Taiwan tunes,” and please join to listen to “Lai San tells stories.” Look forward to seeing folks, elders, brothers and sisters make time to enjoy a “musical feast.” Thank you!

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2016 TAFSD Board of Directors and Committee Chairpersons Board of Directors also include:

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Young Taiwanese Americans	Michael Chiu	Taiwanese American Archive	TBD		
Public Relation	Charles Tu	TACC Director	Carol Ou Lin		*non board of director

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Health Seminar

Time: February 20, 2016 Saturday, 3:00PM
Topic: Pre-Diabetes & Diabetes
Speaker: Patricia Wu, M.D., FACE, FRCPE

*** The talk will be in English**

Dr. Wu will discuss the following:

- 1) The prevalence and impact of diabetes in our country and in the world
- 2) Updated understanding on the causes of diabetes: Type 1 and Type 2
- 3) Health effects of diabetes
- 4) Treatment strategies - life style modifications, medications, technology
- 5) Q&A



Dr. Patricia Wu is an Associate Clinical Professor of Medicine at UCSD School of Medicine, Division of Endocrinology and Metabolism. She is also the Chief of Diabetes Champion for Kaiser San Diego and Staff Endocrinologist at Southern California Permanente Medical Group, San Diego, CA.

Dr. Wu completed fellowship training in Division of Endocrinology and Metabolism at University of California, San Diego. She earned her medical degree from University of Edinburgh Faculty of Medicine, Edinburgh, UK.